

**FOR IMMEDIATE RELEASE**

**December 14, 2019**

**Local skiers Katherine Stewart-Jones and Antoine Cyr, first Skate-distance day, at the Haywood NorAm, Candy Cane Cup**

**Laura Leclair of Chelsea Nordiq wins silver in the women's senior category**

**Gatineau, Québec:** It was rainy for the second day of competition at the Haywood NorAm at the Nakkertok Nordic Ski Center. However that did not stop local athletes from winning medals.

Katherine Stewart-Jones of **Chelsea and Nakkertok Nordique** won the 5 km freestyle event in the senior women's category. At the finish, she was followed by **Laura Leclair, also of Chelsea and Chelsea Nordiq** club. Third place went to Cendrine Browne, of Fondeurs Laurentides, near Montreal. Katherine therefore wins a second consecutive race this weekend, the first place among senior women.

Katherine Stewart-Jones: "It was raining today, but it was really fast conditions that made me finish the 5km in only 12 minutes. I accelerated on all the climbs and tried to keep as much speed as possible on the descents to optimize my rest".

Laura Leclair: "Everything went well for me today, the skis were very fast. We are very fortunate to be able to ski on artificial snow courses, so I thank Nakkertok for their work".

Among the senior men, **Antoine Cyr, of Gatineau and of the Skinouk club**, won the 10 km distance race, free technique. On arrival, he was followed by Ricardo Izquierdo-Bernier, from the Fondeurs-Laurentides club and Evan Palmer-Charrette, from the Lappe Nordic club, in Thunder Bay. It is also the second medal for Antoine for this race weekend.

Antoine Cyr: "Last week at Canmore there was a lot of snow and I had some good races, but to be able to come back home and be able to ski the races is really fantastic. It's not the rain that stops us, whatever, we do our races and we always give our 110%".

For the college and university ranking, Ricardo Izquierdo-Bernier (University of Quebec in Montreal) climbed on the first step of the podium, followed by Nicolas Beaulieu (University of Sherbrooke) and **Dominique Moncion-Groulx, from Gatineau** and representing Laval University. Dominique has therefore climbed the college and university podium twice over the weekend, so far.

For women, Andrée-Anne Théberge, representing Université Laval, won the college and university ranking test, followed by **Zoë Williams, from Carleton University** and Marie Corriveau, from CÉGEP Garneau, in Quebec.

Complete results can be found  
at: <https://zone4.ca/event/2019/CandyCaneCup2019/>

Tomorrow, Sunday 15 December, the long distance event in classic technique will take place. The first departures will take place at 9 a.m.

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### **About the Haywood NorAm Candy Cane Cup**

The organization of the NorAm Haywood Candy Cane Cup is a joint initiative of several clubs in the Ottawa-Gatineau area:

- Nakkertok Nordic
- Club Skinouk
- Chelsea Nordiq
- Kanata Nordic.

The event will take place from Friday, December 13 to Sunday, December 15, 2019 at the Nakkertok South Nordic Center in Gatineau / Cantley, Quebec. In addition to being part of the Haywood NorAm Series, the Candy Cane Cup is also part of the Alta Gas Canadian Sprint Series, the FIS Continental Cup, the Quebec Cup and the Ontario Cup. The races will also serve as a selection for the National Group for Quebec City, Minneapolis and Canmore World Cup races.