

FOR IMMEDIATE RELEASE

December 15, 2019

Katherine Stewart-Jones wins her third gold medal in the Haywood NorAm Candy Cane Cup.

Antoine Cyr, of the Skinouk club, wins the bronze medal in the Senior Men's category

Gatineau, Québec: On this third and final day of competition at the Haywood NorAm Candy Cane Cup at the Nakkertok Nordic Ski Center, **Katherine Stewart-Jones of Chelsea** completed her weekend's gold medal treble.

Katherine Stewart-Jones of Chelsea and Nakkertok Nordique again won the distance race, but this time in classic technique and a distance of 10 km, in the senior women category. At the finish, she was followed by Andrée-Anne Théberge, from the Nordic Skibec club and Annika Richardson, from the Lappe Nordic club, in Thunder Bay.

Laura Leclair of Chelsea Nordiq was fifth.

Katherine Stewart-Jones: "My goal was to lay out the course as well as possible and I succeeded. My lap times were very similar".

Among the senior men, Evan Palmer-Charrette of the Lappe Nordic won the 10 km classic technique. He was followed in second place by Julian Smith of the Georgian Bay Nordic club in Ontario and a member of the national team. **Antoine Cyr, of Gatineau and Skinouk** finished third. It was the third medal for Antoine for this race weekend.

Evan Palmer-Charette: "Both races this weekend were a big step in the right direction and a nice confidence boost going into the Christmas break. We had great skis both days so i was happy to capitalize on them and execute some solid performances".

In the men's under 20 category, 10 km course, Olivier Léveillé of Orford also won his third gold medal of the weekend. On the podium, he was accompanied by Kai Meekis, of the Big Thunder Nordic club, who finished second and **Mats Halvorsen, of the Nakkertok Nordic club**, who finished third.

Mats Halvorsen: "It was a very hard race. I made sure to stay with the seniors that passed me or who were starting as I was coming around for a new lap for as long as possible. I focused on the technique I have been working on all training season".

Luke Allan of the Nordic Nakkertok Club won the men's under 18 category over a distance of 7.5 km.

For the college and university ranking, Ricardo Izquierdo-Bernier (University of Quebec in Montreal) climbed again onto the first step of the podium, followed by Alexander Maycock (Nissiping University) and **Dominique Moncion-Groulx, from Gatineau** and representing Laval University. Dominique made the college and university podium three times during the weekend.

In the women's category, André-Anne Théberge, representing Université Laval, once again won the college and university competition, followed by the **two Williams sisters, Zoë and Bronwyn, both from the Nakkertok Nordic club** and representing Carleton University.

Complete results can be found at: <https://zone4.ca/event/2019/CandyCaneCup2019/>

The athletes are therefore entering their holiday break and will be back in January for new events of different calibers.

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About the Haywood NorAm Candy Cane Cup

The organization of the NorAm Haywood Candy Cane Cup is a joint initiative of several clubs in the Ottawa-Gatineau area:

- Nakkertok Nordic
- Club Skinouk
- Chelsea Nordiq
- Kanata Nordic.

The event will take place from Friday, December 13 to Sunday, December 15, 2019 at the Nakkertok South Nordic Center in Gatineau / Cantley, Quebec. In addition to being part of the Haywood NorAm Series, the Candy Cane Cup is also part of the Alta Gas Canadian Sprint Series, the FIS Continental Cup, the Quebec Cup and the Ontario Cup. The races will also serve as a selection for the National Group for Quebec City, Minneapolis and Canmore World Cup races.